



SINGAPORE
SPORTS SCHOOL

Learned Champions With Character



PROSPECTUS

Our Vision

Every Student-Athlete A Champion

Our Mission

Nurturing Learned Champions With Character

Our Values

- Respect
- Integrity
- Responsibility
- Excellence
- Resilience

THE ONLY SPORTS SCHOOL IN SINGAPORE

SINGAPORE Sports School is a Specialised Independent School, established in 2004. We offer high quality sports training and athlete-friendly academic programmes to aspiring and talented student-athletes who aim to be Singapore's sport champions.

We are the only local institution to offer the Extended International Baccalaureate Diploma and two customised polytechnic diplomas conducted within the school, together with the GCE O- and N-Levels qualifications.

Our international-standard sports facilities include:

- A swimming complex with 2 all-weather Olympic-size pools
- A badminton centre with 12 courts
- A table tennis centre that can accommodate up to 16 tables
- A fencing hall that can accommodate up to 14 pistes
- A 30-bay indoor shooting range
- A 12-lane bowling centre
- An 8-lane synthetic rubber running track
- A synthetic football field
- 2 outdoor netball courts
- 2 designated training areas for gymnastics and martial arts
- A 2-storey Fitness Centre
- A 700-seat indoor multi-sports auditorium
- A 248-seat multi-purpose hall



SINGAPORE Sports School nurtures and grooms student-athletes who aspire to represent Singapore in sport.

Our mission is to develop champions in sport and in life. To do so, our coaches, teachers, mentors, sport scientists and corporate service staff work closely together, to ensure our student-athletes are provided with rigorous sports training, athlete-friendly academic programmes, engaging character and citizenship learning experiences, nutritious food, and high quality boarding programmes.

We work with our parents to support all our student-athletes from a long-term development perspective. Student-athletes can work towards the International Baccalaureate Diploma, Polytechnic Diploma, GCE O- and N-Levels academic qualifications while they

pursue high-level sport development so as to carry the Singapore flag high at various international sports arenas.

We expect our alumni to continue pursuing sport at high levels beyond the school, and recreationally when they retire from competitive sport. We expect them to contribute actively to their communities and families, and continue to champion for sports and life.

We look forward to working closely with all our stakeholders and partners, to achieve the dreams and aspirations of all our student-athletes.

Ong Kim Soon
Principal

A NOTE FROM OUR
PRINCIPAL



SPORT PROGRAMMES

OUR sport programmes aim to develop student-athletes based on Long-Term Athlete Development (LTAD) principles. LTAD offers a pragmatic and scientific approach in which a methodical, integrated system is built around developing student-athletes and identifying appropriate levels of competition at each stage.

Leveraging on these LTAD principles, a team of expert coaches and sport scientists from Singapore Sports School and National Youth Sports Institute work together to provide optimal training and competition opportunities for our student-athletes.

Sports School believes that an athlete-centric, coach-driven and sport science-supported approach within the LTAD model will produce future champions who maintain an active lifestyle with sport participation in years to come.

1 Adele Tan Qian Xiu (Shooting)

Winner of 2 bronze medals at 2019 Southeast Asian Games

2 Sheik Farhan Sheik Alau'ddin (Pencak Silat)

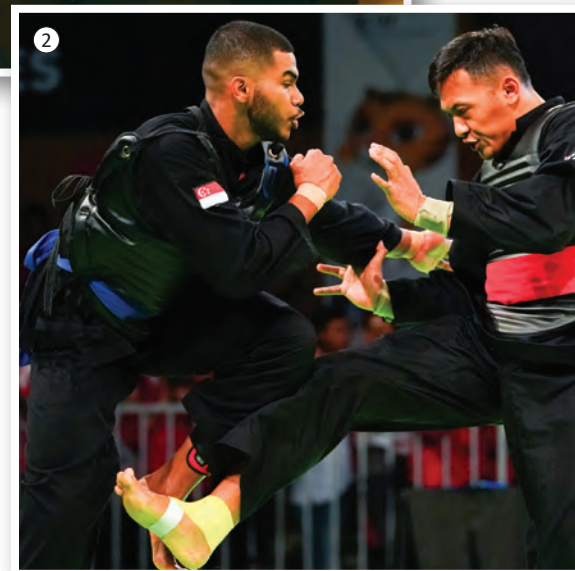
Three-time world champion, the only Singaporean to achieve this feat

3 Amita Marie Nicolette Berthier (Fencing)

Winner of 3 gold medals in 2 editions of Southeast Asian Games (2019, 2017); first Singaporean to attain FIE World Junior No. 1 ranking

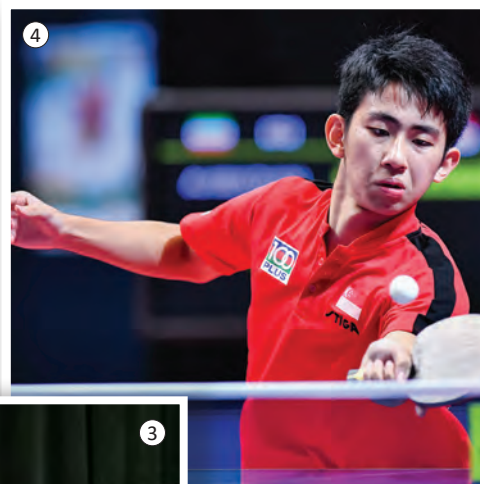
4 Koen Pang Yew En (Table Tennis)

Winner of 1 gold and 1 silver medals at 2019 Southeast Asian Games; first Singaporean to attain ITTF World U18 No. 1 ranking



We offer nine Academy Programme sports: Badminton, bowling, fencing, football, netball, shooting, swimming, table tennis, and track and field. We also work closely with the National Sports Associations to nurture student-athletes in sports such as artistic swimming, diving, golf, gymnastics, ice skating, pencak silat, water polo, wushu, and more.

We welcome high-performing youth athletes in all sports to join us.



ACADEMIC PROGRAMMES

WE PROVIDE quality athlete-friendly and sport-focused academic programmes that are grounded on sound curriculum design and pedagogy, aligned with the Singapore Teaching Practice.

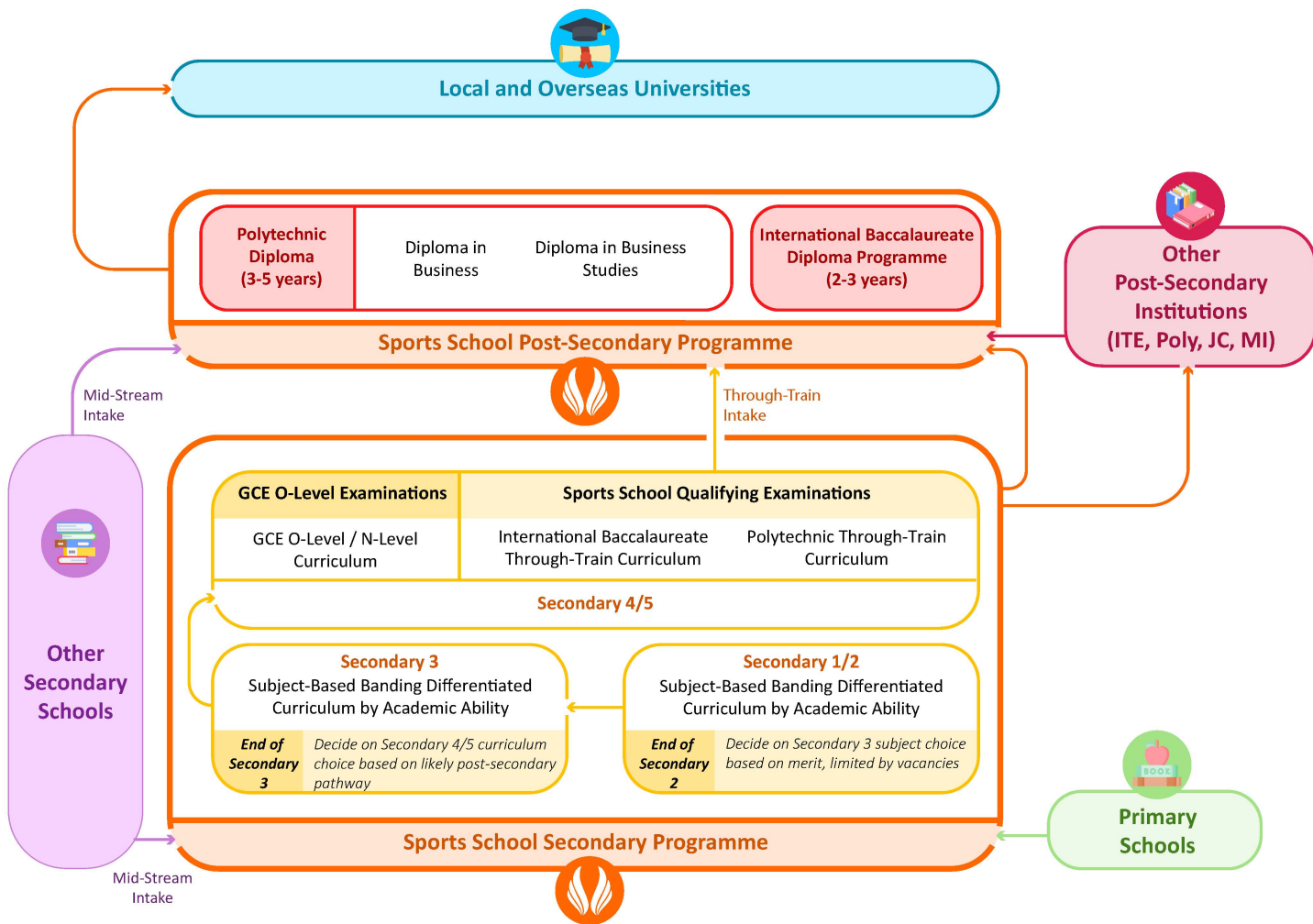


Athlete-Friendly Academic Support

Student-athletes are actively supported in their academic studies as they pursue their sport dreams at Singapore Sports School.

Our academic programmes are designed to provide optimal and customised support to student-athletes with their hectic training and competition schedules.

Teaching groups are kept small for each student-athlete to receive greater attention, while a tracking and make-up system ensures that those who miss lessons due to competitions keep in pace with their peers. Every student-athlete receives close mentorship and undergoes an enhanced Education and Career Guidance experience to help them make informed decisions regarding education options and take ownership of them.



Academic Pathways

Singapore Sports School offers the GCE O- and N-Levels Examinations and three through-train post-secondary pathways. Student-athletes on the through-train pathways bypass the National Examinations and progress to either the International Baccalaureate Diploma Programme, the customised Diploma in Business (Sport Management Track) from Republic Polytechnic or the customised Diploma in Business Studies (Entrepreneurship Management Option) from Ngee Ann Polytechnic.

The through-train pathways allow student-athletes to attain rigorous and widely-accepted post-secondary qualifications for entry into local and overseas universities, or the workforce.

These post-secondary pathways also offer student-athletes different options in academic pacing and assessment and, at the same time, allow for a closer matching with their sport training and development programmes. In addition, the longer development runway allows them to pursue sport and academic excellence concurrently.

STUDENT DEVELOPMENT



WE DEVELOP student-athletes who are not only sport champions, but also champions for sports and in life. Singapore Sports School conducts a customised Character and Citizenship Education (CCE) programme that is aligned with the Ministry of Education's CCE 2021 curriculum.

Besides Values in Action projects, Level Camps for all Secondary 1, 2 and 3 student-athletes, and the Lessons From The Champions series, student-athletes also undergo a three-year leadership development programme which uses the Kouzes and Posner Leadership Challenge Model.

1, 2 Level Camps at Outward Bound Lumut in Malaysia

3 Academy Values in Action Activity

4 Project Champions Way: Singapore Sports School Para Games

STUDENT-ATHLETES who board can optimise their time for training, academic learning and rest. The daily routine and activities that are purposefully organised, help our student-athletes develop important life skills in self-management and living in a community, and to mature into Learned Champions With Character.

Boarding is a home away from home for our student-athletes as they live on campus five days a week. We strive to provide them with the “Home Sweet Home” experience that is conducive for rest and relaxation after a full day at school and sport training or competition.

This “Home” is also where we interact with our student-athletes purposefully through various Boarding activities such as one-on-one Mentoring sessions, Buddy programme, Study Care Pack Project, Post-Exam activities, and Recycling projects which aim at building a caring Boarding community and nurturing character development among our student-athletes.

Up to five meals are provided for student-athletes each day



BOARDING



WE ACCEPT students into our secondary and post-secondary programmes based on sport talent and potential.

Students are selected based on their passion for sports, technical skills, fitness, potential for future development and character qualities.

ADMISSIONS

Joining Our Secondary Programme

Sports School welcomes Primary 6 students to join us at the start of Secondary 1. Students in Secondary 1 to 5 who are already studying in secondary schools are also welcome to join us mid-stream.

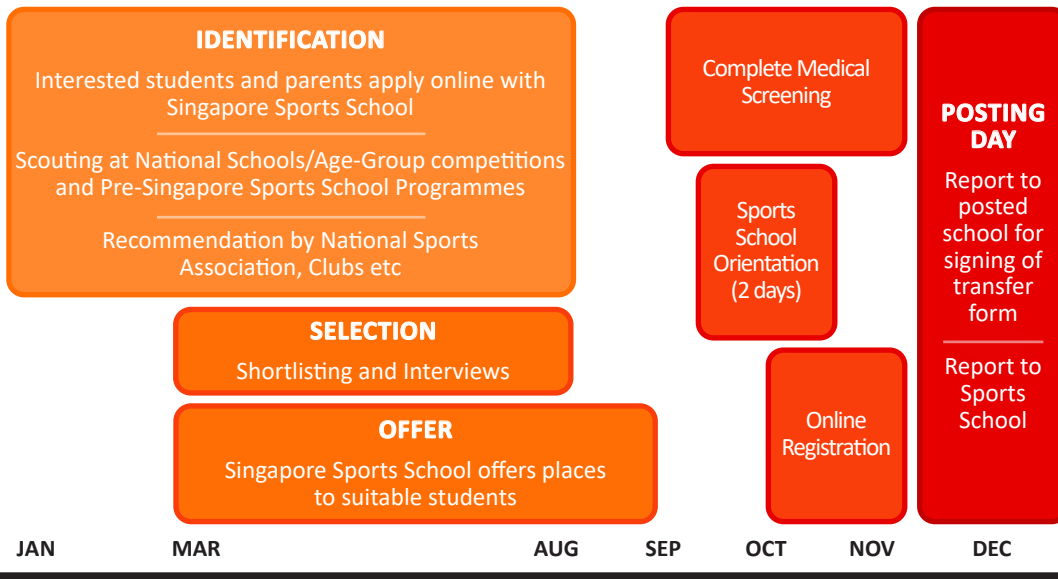
Joining Our Post-Secondary Programme

Students who are in Secondary 4 or 5 and are doing GCE O-Level may apply during the Direct School Admission-Junior Colleges (DSA-JC) Exercise or Polytechnic Early Admissions Exercise (EAE) if they are interested in the International Baccalaureate Diploma or Polytechnic Diploma respectively.

To join our secondary or post-secondary programme, please apply at: <https://go.gov.sg/ssp-application-enrol>

Shortlisted students will have to undergo a selection process which will include interview(s) and medical screening.

ADMISSION PROCESS FOR PRIMARY 6 STUDENTS TO SINGAPORE SPORTS SCHOOL



Scan to apply for admission



Open House

Our Open House, which may take an electronic format, is held in March or April each year for the public to learn more about our sport, academic and student development programmes, and to get a glimpse of how we optimise the talent of our student-athletes.

Scholarships And Financial Assistance

Singapore Sports School offers scholarships and awards to recognise and support talented student-athletes with good sport and academic achievements and exemplary conduct.

Financial Assistance Scheme is available to Singaporeans who require financial support.



TESTIMONIALS

...on Extended IBDP

The Extended IB Diploma Programme allowed me to pursue my sport dreams and achieve academic excellence at the same time. The flexibility afforded by the programme gave me the opportunity to train and travel overseas to compete optimally as the curriculum was well spaced-out to match my sport development plans. This increased my exposure to a larger pool of players and different scenarios so that I could better stretch my potential.

Crystal Wong Jia Ying (Badminton)

Women's team bronze medallist at 2019, 2017 and 2015 Southeast Asian Games and 2018 Commonwealth Games competitor. Crystal score 41 out of 45 points in the IBDP November 2019 Examinations.

...on Athlete-Friendly Academic Programme

I struggled as a regular polytechnic student. When I put in more hours at training, I would be too tired to do any revision at home. When I went on competitions, it was impossible to catch up on the lessons that I missed on my own. Something always gave way – sport or studies, and it usually was studies. I had planned to compete at the Jakarta-Palembang 2018 Asian Games, and I was not in an ideal position, unable to cope with my studies. I decided to transfer to Singapore Sports School which offers the same diploma programme, but which allows me to have a customised timetable and deferment of modules to prepare and compete in major Games. Now, I'm able to do both well.

Jowen Lim Si Wei (Wushu)

2019 World Wushu Championships double bronze medallist, winner of three gold and one silver medals at 2019, 2017 and 2015 Southeast Asian Games, finished in 4th place at 2018 Asian Games; transferred from Republic Polytechnic to Singapore Sports School's customised programme in collaboration with RP in Year 3 in 2018.

...on Through-Train Post-Secondary Programme

The through-train Diploma in Business Studies programme has helped me in extending my sport career while transitioning from secondary school to a polytechnic. I was able to compete at the 2015 Southeast Asian Games in Singapore and win a gold medal when I was in Secondary 4, and come home with a silver and two bronzes from the 2017 SEA Games in Kuala Lumpur when I was a Ngee Ann Polytechnic freshman. The DBS programme taught at Singapore Sports School is athlete-friendly. It allows me to keep up with high-performance training and competitions, while enabling me to manage my studies. The DBS programme widens my knowledge beyond sport and equips me with skills for the working world.

Edlyn Ho Zen Yee (Rhythmic Gymnastics)

Multiple medallist in Rhythmic Gymnastics at 2017 and 2015 Southeast Asian Games, 2018 Singapore Gymnastics International Athlete of the Year and recipient of 2018 Ngee Ann Polytechnic Outstanding Sports Achievement Award. Edlyn is from the first batch of student-athletes in the customised Diploma in Business Studies (DBS) programme that commenced in 2017.

...on Athlete-Friendly Academic Support

In Secondary 4, I took a five-week long break from school for overseas competitions, and returned only a month before the GCE O-Level Examinations. My teachers gave me extra lessons and even tutored me personally on some occasions. I can't think of a single teacher who did not go the extra mile to help me get back on track to handle the examinations. The support and flexibility in Singapore Sports School is amazing!

Scott Ang Yiqiang (Triathlon)

President's Scholar and PSC's Singapore Armed Forces Overseas Scholar, graduated from University of Cambridge with a BA in Law. Scott, who graduated from Singapore Sports School in 2009, represented Singapore in triathlon at the Singapore 2010 Youth Olympic Games.

Scan to meet more of Singapore Sports School's Sport Champions or visit www.sportsschool.edu.sg/championsway





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